

# Orthopaedic Review Course

The Orthopaedic Unit, October 6 University  
15-17 April 2010

## International Faculty:

Institute of orthopaedics, Oswestry, UK

El Nasri Ahmed      Simon Roberts  
Nelish Makwana      Simon Pickard.

NHS Hospitals, UK

Ahmed El-Basyuni, Kent  
Maher Halawa, Plymouth  
Shenoda Shalaby, London

## National Faculty:

Ain Shams University,

Ahmed El-Saieed,      Hesham A. Baky  
Ahmed Emad      Khalid Emara  
Amr Abdelhady      Maged Samy  
Abdel Fattah Souod      Mahmoud Fayed  
Ezzat Kamel      Mohamed Kattab  
Hassan Alzahar      Mohamed Sobhy

Al Azhar University,

Adel Hamed      Eissa Ragheb.  
Ashraf el Tabei

Alex University,

Khamis El Deeb      Khaled Al Adwar

Assiut University,

Hatem Galal      Osama Farouk

Banha University,

Gamal Hosny      Osama Hegazy

Beni-Soeif University,

Atef Morsy

Cairo University,

Ahmed Abd el Aziz      Mahmoud Abdel Kareem  
Ann Abdel Kader      Mohamed ElSobky  
Fouad Zamel      Walid Ebeid  
Hazem Moharm      Yasser El Miligui  
Hesham Abdel Ghany      Yasser El Safouri  
Khaled Shohaib      Yousry El Hawary

Mansoura University,

Samir Kotb

Military Academy,

Ahmed Abdel Samei

Menia University,

Mohamed El Shafei

Menofiya University,

Ayman Ebeid

MUST University,

Nagy Sabet

October 6 University,

Ahmed Elmorsy      Maher Fansa  
Akram Dawoudy      Mahmoud Hafez

Tanta University,

Mostafa Hegazy.

Teaching Hospitals,

Emad Saweeres      Sameh Younis  
Farouk Karam      Samir El Sayed  
Hatem Sharaf EIDin

# Thursday 15<sup>th</sup> April 2010

Session	From	To	Title	Speaker
	<b>Chairmen</b>		Hassan El Zaher, Simon Roberts, El-Nasri Ahmed	
<b>Trauma</b>	10:00	10:15	Initial management of trauma: ATLS	M. Hafez
	10:15	10:30	Poly-trauma patient/ Damage control	Osama Farouk
	10:30	10:45	Biomechanics of fracture fixation	M El Shafei
	10:45	11:00	Fracture Pelvis	M. Abdel Kareem
	11:00	11:15	Fracture acetabulum	F. Zamel
	11:15	11:30	Fracture Neck of femur	S Shalaby
	11:30	11:45	Hand fractures	Yasser El Safouri
	11:45	12:15	7 Orthopaedic Emergencies (7 Cs): Open #, compartment S, dislocation, C spine injury, cauda equina, child sepsis & child NAI	A Basyuni
	12:15	12:30	Coffee Break	
	<b>Chairmen</b>		Abdel Samei, Yasser El Safouri	
<b>Sports Knee</b>	12:30	12:45	Knee examination	Simon Roberts
	12:45	13:00	Diagnostic knee arthroscopy	Adel Hamed
	13:00	13:15	Meniscus; repair, resect or replace?	Simon Roberts
	13:15	13:30	ACL injuries	Moh Sobhy
	13:30	13:45	Ligamentous injuries (excluding ACL)	Ahmed El Saieed
	13:45	14:00	Articular Cartilage	Simon Roberts
	14:00	14:15	Patello-femoral disorders	Akram Dawoudy
	14:15	15:00	Lunch	
	<b>Chairmen</b>		Akram Azam, Adel Hamed	
<b>Shoulder</b>	15:00	15:15	Clinical Shoulder Biomechanics	Simon Roberts
	15:15	15:30	Shoulder examination	Hatem Galal
	15:30	15:45	Shoulder Dislocation	Simon Roberts
	15:45	16:00	Proximal humeral fracture	A. Abdel Samei
	16:00	16:15	Rotator cuff injury	Khaled Shohaib
	16:15	16:30	SLAP lesions	Hatem Galal
	16:30	16:45	Frozen Shoulder	Maged Samy
	16:45	17:00	Discussion	

## Friday 16<sup>th</sup> April 2010

Session	From	To	Title	Speaker
<b>Workshops</b>	09:00	09:30	Workshop (sports): Meniscal Repair	Ezat Kamel
	09:30	10:00	Live surgery (ACL reconstruction)	Ahmed Abdel Aziz
	<b>Chairmen</b>		Nilesh Makwana, Ezat Kamel, Simon Picard	
<b>Basic Sciences</b>	10:00	10:15	Cartilage physiology & pathology	A Dawoudy
	10:15	10:30	Bone physiology & fracture healing	Eissa Ragheb
	10:30	10:45	Bone graft & bone substitutes	Emad Saweeres
	10:45	11:00	Osteomyelitis	Khaled Emara
	11:00	11:15	Implant failure	Ashraf El Tabei
	11:15	11:30	AVN (osteonecrosis)	Sameh Younis
	11:30	11:45	Brachial plexus and peripheral nerve injury	Simon Pickard
	11:45	12:00	Electro-physiologic testing	Ann Abdel Kader
	12:00	12:45	Friday Prayer & Coffee break	
	<b>Chairmen</b>		Eissa Ragheb, Simon Picard	
<b>Oncology</b>	12:45	13:00	Principles of skeletal oncology	S. Kotb
	13:00	13:15	Primary bone tumors	W. Ebeid
	13:15	13:30	Metastatic bone diseases	W. Ebeid
	13:30	13:45	Limb salvage	S. Kotb
	13:45	14:00	Discussion	
	14:00	14:30	Lunch	
	<b>Chairmen</b>		Samir Kotb, Mostafa Hegazy	
<b>Hand</b>	14:30	14:45	Hand Anatomy & exposures	Simon Pickard
	14:45	15:00	Distal radius fractures	Simon Pickard
	15:00	15:15	Hand injuries tendon & peripheral nerve	Atef Morsy
	15:15	15:30	Reconstructive surgery for quadriplegia	Simon Pickard
	15:30	15:45	Upper limb spasticity	Simon Pickard
	15:45	16:00	Minimally invasive hand surgery	Simon Pickard
	16:00	16:15	Discussion	
	16:15	16:30	Stretch break	
	<b>Chairmen</b>		Walid Ebeid, Simon Roberts	
<b>Foot</b>	16:30	16:45	Foot biomechanics	N Makwana
			Clinical examination of Foot & Ankle	N Makwana
	16:45	17:00	Charcot joint	Mahmoud Fayed
	17:00	17:15	Foot fractures Os Calsis & Lisfranc	N Makwana
	17:15	17:30	sports ankle	Simon Roberts
	17:30	17:45	Osteochondral lesion talus & ankle arthroscopy	N Makwana
	17:45	18:00	Discussion	

## Saturday 17<sup>th</sup> April 2010

Session	From	To	Title	Speaker
<b>Workshops</b>	09:00	09:15	Workshop (arthroplasty): Hip Examination	Samir El Sayed
	09:15	09:30	Workshop (paeds): Ponseti techniques	M. El Sobky
	09:30	09:45	Workshop (basic): How to read Knee MRI	Hazem Moharm
	09:45	10:00	Workshop (basic): How to read Shoulder MRI	Hazem Moharm
	<b>Chairmen</b>		Farouk Karm, Maher Fansa, Maher Halawa	
<b>Arthroplasty</b>	10:00	10:15	Shoulder Replacement	A Abdel Hady
	10:15	10:30	Hip Biomechanics \ Tribology	Ayman Ebied
	10:30	10:45	Principles of hip arthroplasty	Ayman Ebied
	10:45	11:00	Complications in THA	Maher Halawa
	11:00	11:15	Revision THA, Acetabulum	Ahmed Emad
	11:15	11:30	Revision THA, Femoral Stem	Ahmed Emad
	11:30	11:45	Principles of knee arthroplasty	M Hafez
	11:45	12:00	MIS in Hip and Knee Arthroplasty	Hesham Abdel Baky
	12:00	12:15	Infection in TKA	M. El Sebaei
	12:15	12:30	Interactive case discussion	Maher Halawa
	12:30	12:45	Coffee Break	
	<b>Chairmen</b>		Nagy Sabet, Hatem Sharaf El Din	
<b>Peadiatrics</b>	12:45	13:00	Pediatic hip disoreders (DDH, Perthis)	Khaled Emara
	13:00	13:15	Pelvic Osteotomies	Khaled Emara
	13:15	13:30	Long bone congenital problems	Gamal Hosny
	13:30	13:45	Diaphyseal fractures in children	O. Hegazy
	13:45	14:00	Paediatic foot deformities	Mahmoud Fayed
	14:00	14:15	Neuromuscular disorders in children	H. Abdel Gany
	14:15	14:30	Congenital Hand deformities	H. Abdel Ghany
	14:30	14:45	Discussion	
	14:45	15:15	Lunch	
	<b>Chairmen</b>		El Nasri Ahmed, Yousri El Hawary	
<b>Spine</b>	15:15	15:30	Spine examination	El-Nasri Ahmed
	15:30	15:45	Cervical Spine injuries	El-Nasri Ahmed
	15:45	16:00	Cervical Spine injuries: Treatment	Y. Miligui
	16:00	16:15	Fracture thoracic & lumbar spine	Abdel -Fattah Souod
	16:15	16:30	Degenerative spine & Disc prolapse	Y. Miligui
	16:30	16:45	Spinal canal stenosis and decompression	El-Nasri Ahmed
	16:45	17:00	Cauda equina syndrome	M Khattab
	17:00	17:15	Spinal cord injuries	S Shalaby
	17:15	17:30	Idiopathic Scoliosis	El-Nasri Ahmed
	17:30	17:45	Spinal infections & TB	Y. El Hawary
	17:45	18:00	Failed back syndrome	Y. El Hawary
	18:00	18:15	Surgical approaches Spine	El-Nasri Ahmed
			Discussion	