



**The Orthopedic Unit, Faculty of Medicine,
October 6 University**

5th International Arthroplasty Conference

Program Booklet

www.arthroplasty2012.egyorth.org

**26 - 28 January 2012
Jolie Ville Hotel, Naama Bay,
Sharm El Sheikh, Egypt**



SANDOZ

A healthy decision



D Y N A M I C P A I N C O N T R O L

Diclac[®]

Diclofenac 75 / 150 mg ID - 5% Gel

Dynamic Pain Control

- **Fast and prolonged pain relief**
with a unique double layer formulation
- **Trusted tolerability**
with more reliable absorption using a new ID formulation
- **Optimal compliance**
of once or twice daily

Full prescribing information is available on request
Sandoz Scientific Office
P.O. box: 2012 Alhoria, 11361 Cairo
Phone : 24043607 - 24043548
www.sandoz.com

a Novartis company

Chairman

Mahmoud Hafez

Organizing Committee

Ahmed Abdel Samie

Emad Saweeres

Mahmoud Abdel Karim

Ahmed El Ahwal

Maher Fansa

Speakers

Arranged Alphabetically

International Speakers

- 1 **Akhtar, Kash:** London, UK
- 2 **Deep, Kamal:** Scotland, UK
- 3 **Dissi, Arafat M:** Amman, Jordan
- 4 **El Ahwal , Ahmed:** Ipswich, UK
- 5 **EL Gamal, Mohamed Khairi:** Riyadh, KSA
- 6 **Fleega, Basim:** Bonn, Germany
- 7 **Fouda Khaled:** Aberdeen, UK
- 8 **Picard, Frederic:** Scotland, UK
- 9 **Thienpont Emmanuel:** Brussels, Belgium

National Speakers

- 10 **Ahmed Abdel Samie:** Military Medical Academy, Cairo
- 11 **Emad Saweeres:** El Sahel T Hospital, Cairo
- 12 **Hesham Farag:** October 6 University, Cairo
- 13 **Hesham El Mowafy:** El Menoufiya Univ.
- 14 **Maher Fansa:** El Sahel & October 6 Univ.
- 15 **Mahmoud Abdel Karim:** Cairo University
- 16 **Mahmoud Hafez:** October 6 University
- 17 **Mohamed Mokhtar:** Ain shams University
- 18 **Tarek Abdel Shafy:** Cairo University

Total

38 Talks: Upper & Lower Limb Arthroplasty, Alternatives & Sports

18 Posters: Very interesting new topics

6 Workshops: Shoulder, Hip, Knee & Ankle Arthroplasty + CAOS

Scientific Program

Thursday, 26 Jan 2012

14:00 Registration

15:30-15:45 Welcome - Introduction

Mahmoud Hafez, Egypt

Instructional Course: Hip & Knee Arthroplasty

12 minutes each + 3 minutes discussion

Chairmen: **Picard & Saweeres**

15:45-16:00 Biomaterials in Arthroplasty

Emad Saweeres, Egypt

16:00-16:15 Kinematics of Arthritic & Replaced Knee: A Classification System
& A Study of More Than 500 Cases

Kamal Deep, UK

16:15-16:30 Soft-Tissue Management in TKA: An Algorithm Using Custom
Kinematic Knee Assessment

Frederic Picard, UK

16:30-16:45 Metal On Metal For THA: Is it Going or Gone Away?

Tarek Abdel Shafy, Egypt

16:45-17:00 Use of IV Zoledronic Acid in Post Hip Fractures

Abdel Salam Wafa, Egypt

17:00-17:15 Break

Knee *12 minutes each + 3 minutes discussion*

Chairmen: **Deep & Fansa**

17:15-17:30 Soft Tissue Release In TKR - Is it Needed in Majority? A Study of
More Than 200 TKR

Kamal Deep, UK

17:30-17:45 Enhanced Recovery Program for Knee Replacement

Frederic Picard, UK

17:45-18:00 Bilateral Simultaneous TKA in Patients with Severe Varus

Mahmoud A Hafez, Egypt

18:00-18:15 Score or Not to Score in Total Knee Arthroplasty

Mohamed ELGamal, KSA

18:15-18:30 Unicompartamental Knee Arthroplasty: Clinical Outcomes of
Single-Stage Bilateral

Kash Akhtar, UK

18:30-18:45 Anaesthetic Techniques & Pain Control in Arthroplasty

Hesham Farag, Egypt

18:45-19:00 Case Discussion: Difficult Cases in Arthroplasty

Maher Fansa, Egypt.

Friday, 27 Jan 2012

8th Middle East Symposium on CAOS & 2nd Symposium on Custom Made Cutting Guides

12 minutes each + 3 minutes discussion

Chairmen: **Thienpont & Abdel Karim**

- 09:00-09:15** Principles of CAOS & Navigation
Fredric Picard, UK
- 09:15-09:30** Use of CAOS in Developing Countries
Mahmoud A Hafez, Egypt
- 09:30-09:45** Operative Technique of Custom Made Cutting Guide in TKA
Emmanuel Thienpont, Belgium
- 09:45-10:00** Clinical Results of Custom Made Cutting Guides
Emmanuel Thienpont, Belgium
- 10:00-10:15** Custom Made, Navigation & Conventional Techniques for TKA:
A Comparative Study
Mahmoud A Hafez, Egypt
- 10:15-10:30** Navigation for TKA
TBA
- 10:30-10:45** Computer Navigation in Total Hip Replacement - Rationale & Reality
Kamal Deep, UK
- 10:45-11:30** **Workshop: Knee Arthroplasty**
Conventional & Custom Made Cutting Guides: Thienpont & Hafez
- 11:30-13:00** Coffee Break & Friday Prayer

Hip & Upper Limb Arthroplasty

12 minutes each + 3 minutes discussion

Chairmen: **El Ahwal & Abdel Shafy**

- 13:00-13:15** Basics of Biomechanics in Arthroplasty
Emad Saweeres, Egypt
- 13:15-13:30** Short Stem in THA
Tarek Abdel Shafy, Egypt
- 13:30-13:45** Primary THA in Difficult Cases: Planning & Management
Hesham Zaky El Mowafy, Egypt
- 13:45-14:00** Total Shoulder Replacement: Is it A Surgery with Limited Results?
Basim Fleega, Germany
- 14:00-14:15** Arthroplasty for Wrist & Metacarpophalangeal Joints
Ahmed El Ahwal, UK

- 14:15-14:30 Total Hip Arthroplasty in Acetabular Fractures
Mahmoud Abdel Karim, Egypt
- 14:30-14:45 THA for Bilateral Fused Hips: A Case Series
Mahmoud A Hafez, Egypt
- 14:45-15:00 The Need for Blood Transfusion in Arthroplasty
Hesham Farag, Egypt
- 15:00-15:45 **Workshop: Hip Arthroplasty**
Conventional & Navigation: Picard & Deep

Saturday, 28 Jan 2012

Alternatives to Arthroplasty, Sports and Foot & Ankle

12 minutes each + 3 minutes discussion

Chairmen: Fleega & Abdel Samei

- 09:00-09:15 Arthroscopic Alternative to Shoulder Hemiarthroplasty in
Comminuted Proximal Humerus Fracture Basim Fleega, Germany
- 09:15-09:30 Knee Arthroscopy for Arthritic Knee
Ahmed Abdel Samei, Egypt
- 09:30-09:45 ACL Allograft in Jordan
Arafat M. Dissi, Jordan
- 09:45-10:00 Femoroacetabular Impingement Syndrome
Mahmoud Abdel Karim, Egypt
- 10:00-10:05 **Stretch Break**
- 10:05-10:20 Total Ankle Replacement
Mohamed Mokhtar, Egypt
- 10:20-10:35 Foot Arthroplasty
Khaled Fouda, UK
- 10:35-10:50 Treatment of Arthritis of IPJ of the Hand
Ahmed El Ahwal, UK
- 10:50-11:05 Hip Arthroscopy
Karim Al Soukary, Egypt
- 11:05-11:35 Selected Poster Presentation: 6 Posters, 5 Minutes Each
Authors of 6 posters
- 11:35-12:35 **Workshops**
Shoulder Arthroplasty: Basim Fleega
Ankle Arthroplasty: Khaled Fouda & Mohamed Mokhta

Posters

Six of these posters will be selected by the organizing committee to be delivered as short presentations at the last session of the conference, 5 min

- 1 *Sequential medial release and its effects on knee kinematics: A cadaveric research, Kamal Deep, UK*
- 2 *Arthroplasty for neglected fracture neck of femur : Ramy Bekhet, Egypt*
- 3 *Meta analysis for custom made cutting guides in TKA: Amr Mohsen, Egypt*
- 4 *Computer assisted TKA in presence of extra-articular deformities: Magdy Samir, Egypt*
- 5 *Bilateral simultaneous TKA using patient specific instruments, Ahmed Tamer, Egypt*
- 6 *Complications of hemiarthroplasty for trochantric fractures: Ahmed El Morsy, Egypt*
- 7 *Bilateral unicompartmnetal knee arthroplasty, Ahmed Wageeh, Egypt*
- 8 *Calcar replacement in hip arthroplasty, Sherif Ismael, Egypt*
- 9 *No patellar resurfacing in TKA: Egyptian experience, Ahmed Halawa, Egypt*
- 10 *Bilateral simultaneous THA & TKA with no blood transfusion, Karim Hamdy, Egypt*
- 11 *CAOS classification: Mahmoud Hafez, Egypt*
- 12 *Bilateral hip resurfacing: Is it good for sex, Mostafa Hamdy, Egypt*
- 13 *THA for patients 30 years old & younger, Haitham Zawaid, Egypt*
- 14 *Community Arthroplasty register, Ahmed Mounir, Egypt*
- 15 *Fast track rehabilitation after TKA, Mohamed Abdel Hady, Egypt*
- 16 *Screw home mechanism after TKA: Abdula Osama, Egypt*
- 17 *Shoulder plica as a cause of shoulder instability, Ahmed Abdel Samei, Egypt*
- 18 *Reconstruction of dislocated AC joint, Ahmed Abdel Samei, Egypt*

Office in Charge







4 Al Adeeb Mohamed EL Sebai St., Tut Ankh Amoun
Tower,#706, El Nozha El Gedida, Heliopolis, Cairo, Egypt
TeleFax: +2 02-26217055
Cellular: +2 01002792589 - 01063733654
Email: info@pte-eg.com

Arthrofast®

Diclofenac Sodium 150 mg MR

Arthrofast® Unique technology provides:

-  Immediate release starting in **15 minutes** with sustained effective concentration lasting for **24 hours** ¹
-  Up to **80%** reduction of arthritis pain ²
-  Up to **76%** reduction of joint tenderness & swelling ²
-  Optimal dose for arthritis flare-ups ¹

Once a day ...
flare-ups away



Arthrofast (Diclofenac Sodium) 150 mg MR is a modified release tablet. It is indicated for the treatment of acute and chronic pain, including osteoarthritis, rheumatoid arthritis, ankylosing spondylitis, and primary dysmenorrhea. The unique technology provides immediate release starting in 15 minutes with sustained effective concentration lasting for 24 hours. Clinical studies have shown that Arthrofast provides up to 80% reduction of arthritis pain and up to 76% reduction of joint tenderness and swelling. It is the optimal dose for arthritis flare-ups. Arthrofast is available as modified release tablets. The recommended dose is one tablet once daily. For more information, please contact your healthcare provider. © 2004 Novartis. All rights reserved.

1. Novartis data on file.
2. R. Baskin, S.P. Sornat et al. Current Therapeutic Research 1999, October, 44(4): 709-714.
3. Basic prescribing information.
4. Wilhelm Ackermann et al. D-20049 Hamburg. Clinical overview of diclofenac modified release bi-layer tablets; Sept 2004 report - Novartis data on file (from the attachment doc: sanaz clinical overview)



Novartis Pharma SAE
El Sawah St., El Assiut,
P.O. Box 1893 - Code 11511,
Cairo - Egypt.
Tel.: 202 245 67 200
Fax: 202 245 20 211
website: www.novartis.com